FRC Rule Changes Referee Training Course

GOD

RESPEC

Samhain 2013





Aim of Course

To assist referees in their understanding of the "new" rules of Football passed at Congress 2013, implementation date of 1 January 2014



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Rule Changes

- Black Card Cynical Behaviour
- Yellow/Black/Red Cards
- No. of substitutes
- Deliberate v Accidental Fouls
- The Tackle
- Advantage
- Point with Open Hand



- Striking or attempting to strike with arm, elbow, hand, knee or head
- Kicking or attempting to kick with minimal force or with force or causing injury
- Behaving in any way which is dangerous to an opponent
- Spitting at an opponent
- Contributing to a melee
- Stamping
- Inflicting injury recklessly
- Abusive language towards a Referee, Umpire, Linesman or Sideline Official

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Cautionable Infractions

- To block or attempt to block with the boot when an opponent is kicking the ball from the hand(s)
- To prevent or attempt to prevent an opponent from lifting or kicking the ball off the ground by striking an opponent's hand, arm, foot or leg with the boot
- To engage in any other form of rough play
- To attempt to achieve an advantage by feigning a foul or injury





"Noting" Infractions

- To hold an opponent with the hand(s)
- To use the fist on or around the body of an opponent for the purpose of dispossessing him of the ball
- To charge an opponent in the back or to the front
- To charge an opponent:
 - i. Who is not in possession of the ball, or
 - ii. Is in the act of kicking the ball, or
 - iii. If both players are not moving in the direction of the ball to play it
- To charge an opponent for the purpose of giving an advantage to a teammate





Cynical Behaviour Fouls

- Deliberately pull down an opponent
- Deliberately trip an opponent with the hand(s), arm, leg or foot
- Deliberately body collide with an opponent after he has played the ball away or for the purpose of taking him out of a movement of play
- Threaten or to use abusive or provocative language or gestures to an opponent or a teammate
- Remonstrate in an aggressive manner with a Match Official



Black Card - Cynical Behaviour

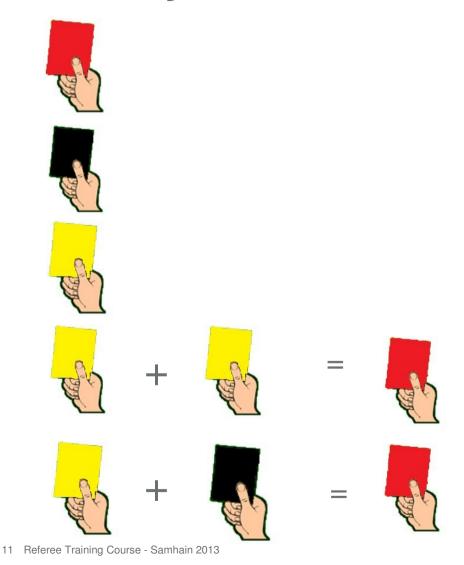
- Penalty:
- i. Free Kick from where the foul occurred
- ii.Order off offender by showing him a Black Card*
- iii.Allow a replacement from within the substitutions permitted*



Substitutes

- Increased to <u>Six</u> per team
- Maximum of <u>Three</u> permitted for Black Card Offenders

New Disciplinary System Summary



Player Ordered off & NOT replaced by Substitute

Player Sent off & replaced by Substitute

Player Cautioned (Warned & Name Taken)

Player Sent off & NOT replaced by Substitute

Player Sent off & NOT replaced by Substitute



Other Cynical Behaviour Fouls

- Threaten or to use abusive or provocative language or gestures to an opponent or a teammate
- Remonstrate in an aggressive manner with a Match Official



Deliberate v Accidental Fouls

• A Card shall be issued only where the Infraction is deemed by the Referee to have been deliberate and not accidental.



The Tackle

- The Tackle is re-defined as:
- "The Tackle is a skill by which a player may dispossess an opponent or frustrate his objective within the Rules of Fair Play. The tackle is aimed at the ball, not the player. The tackler may use his body to confront the opponent but deliberate bodily contact (such as punching, slapping, arm holding, pushing, tripping, jersey pulling or a full frontal charge) is forbidden. The only deliberate physical contact can be a Fair Charge i.e. Shoulder-to-shoulder with at least one foot on the ground. More than one player can tackle the player in possession."



Advantage

- Definition of Advantage:
- "When a foul is committed the referee may allow the play to continue if he considers it to be to the advantage of the offended team. He shall signal that advantage by raising an arm upright. If he deems no advantage to have occurred, he may subsequently award a free for that foul from where it occurred*. The referee shall allow the advantage to run by maintaining his arm in the upright position for up to five seconds after the initial foul or for less time if it becomes clear that no advantage has accrued. He shall apply any relevant disciplinary action."



Point with Open Hand

• A player in possession may score a Point with the open hand or fist.



Rule 4.9 Rules of Foul Play Technical Fouls

- Amended to allow a player enter the small rectangle once the final deliberate play of the ball has been made
- Unchanged in relation to "Set Play", i.e Free Kicks, Sideline Kicks and 45s



Score - Football

- An attacking player enters opponents' small rectangle before the ball enters it from <u>a set-play</u> situation.
- An attacking player enters opponents' small rectangle before the final play of the ball into the small rectangle during play.
- This attacking player scores either by striking the ball in flight or by taking possession and scoring
- Decision: A score has not been made

Rule 4.9 (F)



Mouthguards

- Compulsory for all players from 1 January 2014
- If referee notices a player without a mouthguard he should be instructed to get one
- Caution if he refuses
- Second caution and send off if he persists



Bounce

 Definition: For a player who has caught the ball to play the ball against the ground with his hand(s) and to catch it on return to his hand(s) again.



Other Rules

- To deliberately go outside the boundary line to gain an advantage is a free kick.
- For a kick-out all players must be outside the 20m line when the ball is kicked and must not play the ball until it has travelled 13m.
- When play is restarted by throwing in the ball after a foul(s) within 13m of the sideline, the throw-in shall be given 13m from the sideline and directly infield from where the foul occurred.

For More Information:

www.gaa.ie/rules



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